# PE Subject Overview 2023 - 2024Graphical user interface  Description automatically generated with low confidence

## School: Ss peter and paul

|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| --- | --- | --- | --- | --- | --- | --- |
| **EYFS** | Fundamental SkillsKey Skills Covered:Running, jumping, agility | DanceKey Skills Covered:Agility, Balance, Dance & Culture | DanceKey Skills Covered:Agility, Balance, Dance & Culture | GymnasticsKey Skills Covered:Travelling, jumping, rolling, balancing | Fundamental SkillsKey Skills Covered:Running, jumping, throwing, catching, agility | Fundamental SkillsKey Skills Covered:Running, jumping, throwing, catching, kicking |
| **Year 1** | GamesKey Skills Covered:Jumping, Running, Throwing, Agility | DanceKey Skills Covered:Timing, Create themed actions, Fluency | GymnasticsKey Skills Covered:Travelling, Jumping, Balancing, Rolling | GamesKey Skills Covered:Throwing, Catching, Kicking, Striking | AthleticsKey Skills Covered:Jumping, Running, Throwing, Agility | GamesKey Skills Covered:Application of skills covered – ‘Personal Best’ challenges, Team Games. |
| **Year 2** | GamesKey Skills Covered:Jumping, Running, Throwing, Agility | GamesKey Skills Covered:Throwing, Catching, Kicking, Striking | GymnasticsKey Skills Covered:Travelling, Jumping, Balancing, Rocking, Rolling | DanceKey Skills Covered:Unison, Canon, Portraying emotion | AthleticsKey Skills Covered:Jumping, Running, Throwing, Agility | GamesKey Skills Covered:Application of skills covered – Team Games, intro to attack and defending strategies  |
| **Year 3** | Linking Actions – Basketball Key Skills Covered:Passing, dribbling, movement | GymnasticsKey Skills Covered:Travelling, Jumping, Balancing, Rocking, Rolling | Dance Key Skills Covered:Timing, Create themed actions, Fluency | Linking Actions – Cricket Key Skills Covered:Striking (bat), Throwing, Passing, Positioning | Athletics Key Skills Covered:Running, jumping, throwing | OAA Key Skills Covered:Collaboration, Maps, Communication |
| **Year 4** | Keeping Possession – Basketball Key Skills Covered:Dribbling, Passing, Decision making | GymnasticsKey Skills Covered:Travelling, jumping, rolling, balancing | Dance Key Skills Covered:Perform with control, Portray a story | Sending and Receiving – Tennis Key Skills Covered:Throwing, Striking (Racket). Throwing, Improving performance | Athletics Key Skills Covered:Running, jumping, throwing | Health and Fitness Key Skills Covered:Running, Stamina, Personal Best, Health Lifestyles/ Nutrition |
| **Year 5****Year A** | Creating and Closing Space – Netball Key Skills Covered:Attacking, Defending, Passing | GymnasticsKey Skills Covered:Jumping, rolling, balancing, reflection | Dance Key Skills Covered:Group performance, Expression | Linking Actions – Cricket Key Skills Covered:Striking (bat), Throwing,, Positioning | Tactics and Strategies – Hockey Key Skills Covered:Improving performance, passing, shooting | OAA Key Skills Covered:Collaboration, Maps, Communication |
| **Year 6** | Tactics and Strategies – Basketball Key Skills Covered:Improving performance, Attacking/ defending strategies, Transferable skills | GymnasticsKey Skills Covered:Jumping, rolling, balancing, reflection | Dance Key Skills Covered:Explore and link actions | OAA Key Skills Covered:Collaboration, Maps, Communication | Athletics Key Skills Covered:Running, jumping, throwing | Health and Fitness Key Skills Covered:Running, Stamina, Personal Best, Health Lifestyles/ Nutrition |

n