# PE Subject Overview 2023 - 2024Graphical user interface Description automatically generated with low confidence

## School: Ss peter and paul

|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
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| **EYFS** | Fundamental Skills  Key Skills Covered:  Running, jumping, agility | Dance  Key Skills Covered:  Agility, Balance, Dance & Culture | Dance  Key Skills Covered:  Agility, Balance, Dance & Culture | Gymnastics  Key Skills Covered:  Travelling, jumping, rolling, balancing | Fundamental Skills  Key Skills Covered:  Running, jumping, throwing, catching, agility | Fundamental Skills  Key Skills Covered:  Running, jumping, throwing, catching, kicking |
| **Year 1** | Games  Key Skills Covered:  Jumping, Running, Throwing, Agility | Dance  Key Skills Covered:  Timing, Create themed actions, Fluency | Gymnastics  Key Skills Covered:  Travelling, Jumping, Balancing, Rolling | Games  Key Skills Covered:  Throwing, Catching, Kicking, Striking | Athletics  Key Skills Covered:  Jumping, Running, Throwing, Agility | Games  Key Skills Covered:  Application of skills covered – ‘Personal Best’ challenges, Team Games. |
| **Year 2** | Games  Key Skills Covered:  Jumping, Running, Throwing, Agility | Games  Key Skills Covered:  Throwing, Catching, Kicking, Striking | Gymnastics  Key Skills Covered:  Travelling, Jumping, Balancing, Rocking, Rolling | Dance  Key Skills Covered:  Unison, Canon, Portraying emotion | Athletics  Key Skills Covered:  Jumping, Running, Throwing, Agility | Games  Key Skills Covered:  Application of skills covered – Team Games, intro to attack and defending strategies |
| **Year 3** | Linking Actions – Basketball  Key Skills Covered:  Passing, dribbling, movement | Gymnastics  Key Skills Covered:  Travelling, Jumping, Balancing, Rocking, Rolling | Dance  Key Skills Covered:  Timing, Create themed actions, Fluency | Linking Actions – Cricket  Key Skills Covered:  Striking (bat), Throwing, Passing, Positioning | Athletics  Key Skills Covered:  Running, jumping, throwing | OAA  Key Skills Covered:  Collaboration, Maps, Communication |
| **Year 4** | Keeping Possession – Basketball  Key Skills Covered:  Dribbling, Passing, Decision making | Gymnastics  Key Skills Covered:  Travelling, jumping, rolling, balancing | Dance  Key Skills Covered:  Perform with control, Portray a story | Sending and Receiving – Tennis  Key Skills Covered:  Throwing, Striking (Racket). Throwing, Improving performance | Athletics  Key Skills Covered:  Running, jumping, throwing | Health and Fitness  Key Skills Covered:  Running, Stamina, Personal Best, Health Lifestyles/ Nutrition |
| **Year 5**  **Year A** | Creating and Closing Space – Netball  Key Skills Covered:  Attacking, Defending, Passing | Gymnastics  Key Skills Covered:  Jumping, rolling, balancing, reflection | Dance  Key Skills Covered:  Group performance, Expression | Linking Actions – Cricket  Key Skills Covered:  Striking (bat), Throwing,, Positioning | Tactics and Strategies – Hockey  Key Skills Covered:  Improving performance, passing, shooting | OAA  Key Skills Covered:  Collaboration, Maps, Communication |
| **Year 6** | Tactics and Strategies – Basketball  Key Skills Covered:  Improving performance, Attacking/ defending strategies, Transferable skills | Gymnastics  Key Skills Covered:  Jumping, rolling, balancing, reflection | Dance  Key Skills Covered:  Explore and link actions | OAA  Key Skills Covered:  Collaboration, Maps, Communication | Athletics  Key Skills Covered:  Running, jumping, throwing | Health and Fitness  Key Skills Covered:  Running, Stamina, Personal Best, Health Lifestyles/ Nutrition |

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